COMMUNITY
COWORKS

Keep yourself and others
Safe from **Coronavirus**

Wash your hands frequently
And thoroughly with soap and water
Or use an alcohol based sanitizer

Cover your nose and mouth
With disposable tissues while
coughing or sneezing

In case you can't find a tissue,
use your sleeve or elbow while
sneezing or coughing

Avoid close contact with people
who are unwell

Avoid touching
Your eyes, nose and mouth with
unwashed hands

Dispose off used tissues
Properly and then wash your hands